

## What is Cryosurgery?

Cryosurgery is the treatment of a lesion(s) with the application of liquid nitrogen which is used to destroy the lesion(s).

After treatment with liquid nitrogen, you may experience a burning sensation or pain that can last up to 24 hours. The discomfort can be relieved with extra-strength Tylenol or any over-the-counter pain relief medication. Within 24 to 48 hours a blister may form. The blister will resolve on its own. <u>Please do not pop, peel or pick the blister.</u>

## Instructions for Care:

- Wash your hands with warm water and soap.
- Cleanse the treated site(s) with warm water and gentle soap, then thoroughly dry the area.
- Apply a small amount of Vaseline/ Aquaphor to the site.
- PLEASE DO NOT USE NEOSPORIN OR ANY TOPICAL ANTIBIOTIC ON THE SITE
- Place a small dressing or Band-Aid over the treated site(s) until it is healed. The healing process will take approximately 7-14 days.

If you have any questions, please contact our office at (480) 916-3376.

Travis Lam, DO Prooke Blumetti, DO 3815 E. Bell Road, Suite 3100, Phoenix, AZ 85032 480-916-3376